

# Make 'n Take

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## Adapted Key Holder

An adapted key holder made with everyday household materials for individuals with limitation of fine motor control.

### Materials:

Household Key  
PVC Tee  
2 tbsp InstaMorph or 1 packet Sugru  
Water  
Cup  
Spoon

*Make 'n Take Price: \$2.54 with InstaMorph or \$1.96 with Sugru*

### Directions



1. Heat water in cup to 150 degrees. Pour 2 tbsp of InstaMorph into water. Wait 2 minutes for InstaMorph to become pliable, then remove from water with a spoon.



2. Mold InstaMorph



3. Insert InstaMorph into middle opening of PVC tee.



4. Insert Key into InstaMorph.



5. Smooth InstaMorph inside PVC tee.



6. Mold InstaMorph around key. Smooth away from base of key.



7. Allow InstaMorph to harden prior to using adapted key holder.