

Make 'n Take

Discover How Easy It Is To Make Your Own Assistive Technology!

ABLE
Tech

Adapted Grasp Hook

An adapted grasp hook made with everyday household materials for individuals with limitation of the hands. The grasp hook makes it easy to open doors (microwave, sliding glass door, refrigerator), pull an item off a shelf and/or counter, carry groceries and push an elevator button.

Materials:

- Dowel Rod 5-7" long segments and 2" in diameter
- Drill
- Large Cup Hooks/Bike Hook with Screw
- Strong Adhesive Glue

Make 'N Take Price: \$7.77

Directions



1. Cut dowel rod into segments 5-7" or longer. Make each one 2" in diameter.



2. Measure and mark middle of dowel rod.



3. Drill hole in center of dowel rod on the measuring mark.



4. Screw hook into dowel rod.



5. Apply adhesive around the screw for a secure hold.



6. Let adhesive dry for 24 hours.