

Make 'n Take Sheet

Discover How Easy It Is To Make Your Own Assistive Technology!

ABLE
Tech

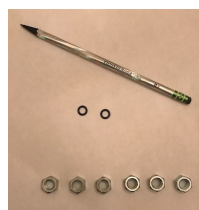
Weighted Pencil

Adding weight to a writing utensil helps provide sensory feedback to a child who might be having difficulty holding the utensil appropriately, pressing too hard when writing, or not pressing hard enough.



Materials:

- 1 – Pencil
- 4-6 - hex nuts (3/8")
- 2 - Rubber O-rings (3/8" O.D x 1/4" I.D.)



Directions:

1. Place one o-ring on pencil shaft.
2. Place desired number of hex nuts on pencil shaft above the o-ring.
3. Place second o-ring above the hex nuts.
4. Keep o-rings and nuts close together to avoid extra movement.



Although almost any pencil can be used, this make-n-take is utilizing a Ticonderoga noir #2 pencil. These pencils provide a smooth feel when writing on paper which some children with sensory aversions may find to be less offensive to their sensory systems. They also provide a darker line than typical #2 pencils resulting in decreased need for pressure for some children.

The nuts on the pencil may also be used as a "fidget." If this is not desired, duct tape can be used to secure the nuts together.

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To contact Oklahoma ABLE Tech call 1-800-257-1705.