

Make 'n Take Sheet

Discover How Easy It Is To Make Your Own Assistive Technology!

EZ Carry Handle

The EZ Carry Handle will make it much easier for people with arthritis or weakened wrist joints to carry any type of bag.

Materials:

- 1 – Wooden Dowel or PVC pipe (6 in. length, ½ inch diameter) Screwdriver
- 1 – Screw (½ inch)
- 1 – Over-the-Door Hook

Directions:

1. Pre-drill a small hole in the middle of the dowel
2. Line up the hook with the pre-drilled hole
3. Use screwdriver to tighten screw into dowel



Purchase Price: \$5.75



Make-N-Take Price: \$2.50

Helpful Hints: No drill? Ask at a home improvement store to help pre-drill the holes or use a hammer and nail to start a small hole for the screws. When purchasing the Over-the-Door Hook look for one that has a pre-drilled hole at the top to make it much easier to assemble..

Oklahoma ABLE Tech, the statewide Assistive Technology Act Program, is funded through the Administration for Community Living of the U.S. Department of Health and Human Services, and maintains coordination and collaboration efforts with partners throughout the State of Oklahoma.

To contact Oklahoma ABLE Tech call 1-800-257-1705