

Make 'n Take Sheet

Discover How Easy It Is To Make Your Own Assistive Technology!

Boppy Pillow

The Boppy Pillow allows infants to sit up independently and learn to balance on their own.

Materials:

- Boppy Pillow store-bought slip cover
- 1 package of Polyfill stuffing



Directions:

1. Purchase a Boppy Pillow cover at your local fabric store or children's store. These are normally available for about \$ 9.99.
2. Unzip pillow cover
3. Insert desired amount of Polyfill stuffing
4. Zip pillow cover and enjoy!

Oklahoma ABLE Tech, the statewide Assistive Technology Act Program, is funded through the Administration for Community Living of the U.S. Department of Health and Human Services, and maintains coordination and collaboration efforts with partners throughout the State of Oklahoma.

To contact Oklahoma ABLE Tech call 1-800-257-1705